PRESS RELEASE

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Local Cookbook Receives **RECOMMENDED** Review

WINDSOR – Penny Lane Press is pleased to announce that Colorado cookbook, *Secret Recipes from the Corner Market*, written by Carol Ann Kates has recently received a raving review from US Review of Books. Winning multiple awards, *Secret Recipes from the Corner Market* garnered the following recognitions: First Place in the CIPA EVVY Awards, "Honorable Mention" in the Writer's Digest 14th Annual International Self-Published Book Awards, and "Notable" in the Eric Hofer Book Awards as well as being selected as a Top Ten Favorite Cookbooks by the *Denver Post* Food Staff.

Secret Recipes from the Corner Market is a delightful collection of both forgotten favorites and trendy upscale recipes. Kates, a former grocer and deli operator, developed these recipes for her customers to provide them with creative ways to use every-day fare.

Flavored with entertaining anecdotes and historical tidbits for a trip down memory lane, this book is more than a cookbook. LeAnn Thieman, Co-Author of *Chicken Soup for the Nurse's Soul*, says: "At a time when people are yearning for the traditions, the home-made, the nostalgic good-ole-days, this book nurtures our bodies and souls."

This revolutionary new cookbook contains a unique primer, which teaches readers that great food begins with shopping. Pat Kendall, professor of Food and Nutrition at Colorado State University says: "Sprinkled with tips on how to select and store the ingredients needed for the recipes, *Secret Recipes from the Corner Market* is 'a must have' for the cookbook enthusiast, new bride, or even the casual cook."

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